

We offer  
**FREE** consultations.

### Certification

Our Speech-Language Pathologists are nationally certified by the American Speech-Language-Hearing Association and are licensed in North Dakota and Minnesota.

### Insurance

Most insurance plans are accepted and flexible payment options are available.

Traumatic  
Brain Injury &  
Concussion



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IMPROVE.

EMPOWER.

RENEW.



A traumatic brain injury (TBI) or concussion occurs when there is an external force that causes a sudden jolt to the brain. A brain injury can cause cognitive, physical, and emotional changes.

#### Symptoms of a TBI or concussion:

- Headaches, dizziness, nausea
- Difficulty remembering
- Slowed thinking
- Poor concentration or “zoning out”
- Trouble finding the right words
- Easily tired
- Changes in mood
- Feeling confused and “foggy”
- Easily overwhelmed
- Blurred or double vision

#### Improve life skills:

- Focus and memory
- Time management
- Starting and completing tasks
- Routines
  - *Sleep, meals, medications, home, and work*
- Managing mental fatigue
- Reading and understanding
- Word finding
- Cognitive endurance
- Awareness and insight

## Our therapy goes beyond typical expectations.

We offer services that improve functioning, empower individuals, and renew lives.

## We develop a customized plan to achieve client-driven goals.

At Progressive Therapy Associates, we help individuals reach their potential. We understand the daily challenges and frustrations. Our customized approach balances both education and support, while developing the functional skills needed for everyday life.