

We offer
FREE consultations.

Certification

Our Speech-Language Pathologists are nationally certified by the American Speech-Language-Hearing Association and are licensed in North Dakota and Minnesota. Progressive Therapy Associates is the only clinic in the Fargo-Moorhead area to provide the Berard Auditory Integration Training.

At Progressive Therapy Associates, we help individuals reach their potential. We understand the daily challenges and frustrations. Our customized approach balances both education and support, while developing the functional skills needed for everyday life.



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Berard Auditory Integration Training

IMPROVE.

EMPOWER.

RENEW.



What is Berard Auditory Integration Training (AIT)?

Berard AIT is a listening program that reorganizes the sensory center of the brain through use of a specific program of modified and filtered music. This stimulates the brain to improve information processing and decrease auditory overload.

The training program can be used with adolescents and adults. Ten hours of listening is required to reorganize the brain. Improvements may be noted during the 10 days of training, but gains can occur up to 6 months after.

How was Berard AIT developed?

Berard AIT was developed by Dr. Guy Berard, MD, a French Ear, Nose, and Throat physician, to address ringing in his ears. He used and refined the program for over 30 years and learned that it helped with other processing difficulties.

Who benefits from AIT?

Individuals who have difficulties processing auditory and sensory information often have challenges interpreting their daily experiences. Information may be heard incorrectly and, in turn, impact learning and communication. With time, behavioral issues and social skills may be affected.

Auditory and sensory processing difficulties often occur with attention deficit hyperactivity disorder, brain injury, autism spectrum disorder, dyslexia, central auditory processing disorder, and learning disabilities.

Common challenges that are improved with Berard AIT:

- Poor attention
- Difficulty remembering
- Low tolerance for distractions
- Slowed thinking and processing
- Hypersensitivity to sounds (overly sensitive)
- Hyposensitivity to sounds (tuned out)
- Difficulty ignoring background sounds
- Speech and language delays
- Difficulty with reading, writing, and spelling
- Challenges with learning
- Poor balance and coordination
- Difficulty listening and understanding
- Speaking too loud or soft
- Challenges with social skills

Our therapy goes beyond typical expectations.

We offer services that improve functioning,
empower individuals, and renew lives.