

Attention Deficit Hyperactivity Disorder

We offer
FREE consultations.

Certification

Our Speech-Language Pathologists are nationally certified by the American Speech-Language-Hearing Association and are licensed in North Dakota and Minnesota.

Insurance

Most insurance plans are accepted and flexible payment options are available.



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IMPROVE.

EMPOWER.

RENEW.



Attention Deficit Hyperactivity Disorder (ADHD) is a neurobiological condition of impaired attention regulation and impulsivity; it occurs with or without hyperactivity. ADHD can impact a person socially, emotionally, cognitively, and behaviorally.

Symptoms of ADHD:

- Not following through on tasks and projects
- Lack of attention to detail, careless mistakes
- Difficulty concentrating and listening
- Impulsive decisions
- Poor organization, losing items
- Missed obligations
- Poor time awareness
- Chronic procrastination
- Forgetful in daily activities
- Easily distracted
- Language processing problems

Improve life skills:

- Focus and working memory
- Managing distractions
- Understanding diagnosis and symptoms
- Study or work strategies
- Self-monitoring for impulsivity
- Time management, balance life's demands
- Routines
 - *Sleep, meals, medications, home, and work*
- Decision making
- Listening, reading, and writing
- Executive functioning
 - *Planning, organization, initiation, and completion*

Our therapy
goes beyond typical expectations.

We offer services that improve functioning, empower individuals, and renew lives.

We develop a
customized plan to achieve
client-driven goals.

At Progressive Therapy Associates, we help individuals reach their potential. We understand the daily challenges and frustrations. Our customized approach balances both education and support, while developing the functional skills needed for everyday life.